

I Will No Longer...

Be around people who hurt me, but seek out those who support me.

Give up my goals for the whims of others, but seek a balance with family's need for me to support their dreams.

Be verbally abused, but seek a peace-loving communication.

Be put down, but remind myself that I am a unique child of God.

Be taken for granted, but serve those who appreciate my talents.

Waste my time, but seek to use the moments I have left on this earth to achieve my goals.

Be UNSAFE, but remind myself how precious life is and how few moments are left with those I love.

Be used for sex, but seek intimate moments before making love.

Have my feelings being discounted, but realize my heart speaks through my feelings.

Give much and receive little, but realize that giving is a learned lesson and teaching others to give is a gift in itself.