

STRENGTHS, TALENTS, ABILITIES AND APTITUDES

Review the list below and consider which items are within you. Admittedly all talents are within each soul as potentials but be more specific about the ones, which you feel are especially available to you. Indicate those with an "x" in the appropriate blanks. There are spaces at the end of this list to add others that occur to you.

Friendly	motivator	sense of humor	writer
Innovative	financially adept	articulate	committed
Sensitive	loyal	forgiving	empathetic
Creative	artistic	psychic	leader
Imaginative	kind	mechanically skilled	pragmatic
Trouble-shooter	intuitive	good with animals	good cook
Playful nature	industrious	good with plants	wise
Orderly	planner	good with children	cooperative
Energetic	patient	good teacher	logical
Good listener	good with _____		
Others _____			

When you have finished, go back and reconsider each item next to which you have placed an "x". Do you intuitively sense that you are meant to do something more with some of these talents? Even if you do not now know what that "something more" is, can you identify some of your strengths which have a special feeling when you think about them? Perhaps they give you a feeling of unfulfillment or a feeling that something is yet to be done with that ability. Try to find between four and eight items that fit this descriptions and change your notation to an "xx". This double "x" will indicate a strength that we will particularly want to consider later.