

THE RULES FOR BEING HUMAN

1. **YOU WILL RECEIVE A BODY**
You may like it or hate it, but it will be yours for the entire period this time around.
2. **YOU WILL LEARN LESSONS**
You are enrolled in a full-time informal school called life. Each day in this school you will have the opportunity to learn lessons. You may like the lessons or think them irrelevant and stupid.
3. **THERE ARE NO MISTAKES, ONLY LESSONS**
Growth is a process of trial and error – experimentation.
The “failed” experiments are as much a part of the process as the experiment that ultimately “works”.
4. **A LESSON IS REPEATED UNTIL LEARNED**
A lesson will be presented to you in various forms until you have learned it.
When you have learned it, you can then go on the next lesson.
5. **LEARNING LESSONS DOES NOT END**
There is no part of life that does not contain its lessons. If you are alive, there are lessons to be learned.
6. **“THERE” IS NO BETTER THAN “HERE”**
When your “there” has become a “here”, you will simply obtain another “there” that will, again, look better than “here”.
7. **OTHERS ARE MERELY MIRRORS OF YOU**
You cannot love or hate something about another person unless it reflects to you something you love or hate about yourself.
8. **WHAT YOU MAKE OF YOUR LIFE IS UP TO YOU**
You have all the tools and resources you need. What you do with them is up to you. The choice is yours.
9. **YOUR ANSWERS LIE INSIDE YOU**
The answer to life’s questions lie inside you. All you need do is look, listen, and trust.
10. **YOU WILL FORGET ALL THIS!**

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